



April 2024 Newsletter



Welcome to the Doncaster South Primary Care Network April Newsletter! Talking all things Health and Social Care for the patients located in the South of Doncaster.


March round up from our Care Coordinator and ARRS team ..

- 22 patients had their initial appointment with the Chronic Pain Support Service in March. 20 of the referrals received were made by ARRS staff.
- 19 patients were contacted to arrange their Learning Disability Annual Health Checks.
- In March we sent 340 Cervical Screening reminder text messages to patients. We received 20 responses and have been able to support these patients to book a Cervical Screening.
- 150 patients were sent messages inviting them to have their blood pressure checked or submit a home reading to reinforce work around Cardiovascular Disease.
- Our Clinical Pharmacists have completed 239 Structured Medication reviews with patients registered with a South PCN practice.
- During March 139 patient were contacted to arrange a Fit Test. 130 follow up phone calls were made to encourage patients to return their Fit Test as a part of the National Non-Symptomatic Bowel Screening Programme. 130 follow up calls made to encourage patients to return their FIT test as part of the National Non-Symptomatic Bowel Cancer Screening Programme.

South PCN Social Media Pages

We'd love you to follow our Facebook, Instagram, X and TikTok where we post lots of handy information from organisations in the local area. If you have any information you'd like us to share, please contact us at pcdltd.south-primary-caredoncaster@nhs.net

 <https://www.facebook.com/DoncasterSouthPCN>

 <https://www.instagram.com/doncastersouthpcn>

 <https://twitter.com/DonSouthPCN>

 <https://www.tiktok.com/@doncastersouthpcn>

Why not check out our website too <https://www.doncastersouthpcn.co.uk/>





LIONS

5 Mile Charity Walk Sunday 12th May 2024



Supporting
**Alzheimer's
Society**

Town Fields Pavilion to Lakeside,
Around the Lake & Return to Start
5 Mile Route starting at 10am
(Book in at the Pavilion from 9am)



For more information please see our website:
www.thornerurallions.com
Or email: musicline02@yahoo.co.uk
to request a registration form for the event.



Mental Health Awareness **Week 13th - 19th May 2024!**

This year, we want to encourage you to start your personal journey to moving more by helping you to find out how you can access activities that move both your body and mind.

You might struggle to find the time to make movement a priority, or struggle because of the impact of stress on your mind and body. Perhaps you struggle to fit movement into your busy life.

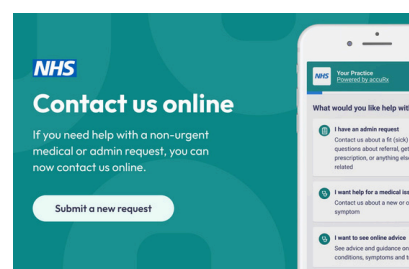
Remember that going on a walk, doing housework or a bit of gardening all count as stress-busting physical activities, so even if it feels difficult, why not start small with something you enjoy and work your way up to more activity?

Did you know you can contact your GP Practice Online? If you need help doing this please send us a message!

Benefits of using the online consultation tool:

- It saves you time by providing faster access to services.
- It stops the 8am rush for appointments as you can contact the practice at any time, and up to 4.30pm get a response, and be seen if needed the same day!
- We are encouraging everyone who has access to a computer, smart phone or tablet to use Accurx across Doncaster South.

Links can be found on each practices website. If you would like help with patient triage please send your Doncaster South Care Coordinators and we will be more than happy to point you in the right direction. Please scan the QR code below for further instructions!





Dementia Action Week 16th – May 22nd!

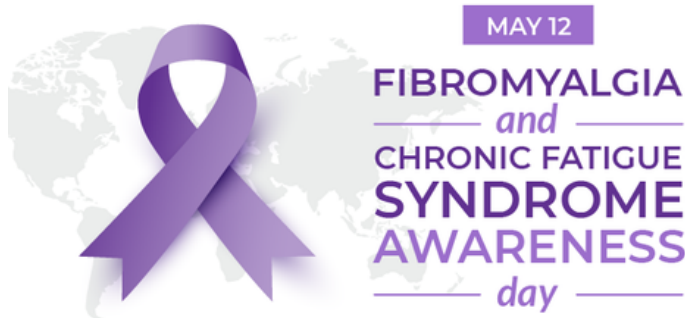
Dementia Action Week is an awareness campaign, each year the Alzheimer's Society works with individuals and organisations across the UK to encourage people to act on dementia. Worried about memory loss? Getting a diagnosis and after diagnosis support! For more information, please head over to <https://www.alzheimers.org.uk/>

Home Instead. *To us, it's personal.* This event is a part of DAW 2024. Dementia Bus VR Experience. Opening by Dame Rosie Winterton MP. Surprise Celebrity Guest. Friday 17th of May 10AM to 4PM. Sponsored by: Doncaster Age UK, Alzheimer's Society, Home Instead. *To us, it's personal.*, City of Doncaster Council. Eco-Power Stadium, Stadium Way, Doncaster DN4 5JW. Come along any time between 10 am and 4 pm and find out everything you need to know about Dementia services and support in Doncaster. Sponsored by City of Doncaster Council, Age UK, Alzheimer's Society and Home Instead, the day will include information from people & organisations who can provide information, help & services relating to Dementia.

FREE to attend Light Refreshments *FREE* Parking in Car Park 2 Venue is on the 56 bus route

World Fibromyalgia Awareness Day May 12th 2024!

Fibromyalgia is immobilizing, difficult to manage, and not a widely known disease which affects many men and women worldwide, because of this, National Fibromyalgia Awareness Day helps to further inform people who may not yet understand the extent of what it does and can do to those who experience it.



World No Tobacco Day May 31st 2024!

Each year, the World Health Organization (WHO) holds World No Tobacco Day on May 31. Their goal is to spread awareness about the risks of tobacco use and how we can make the world tobacco free. To find out more about how you could stop smoking please visit <https://yorkshiresmokefree.nhs.uk/>





MAY Half Term at Helping Hands

TUESDAY 28TH MAY

SPORTS DAY

EDLINGTON REC
11AM-2PM
NO BOOKING JUST TURN UP.

WEDNESDAY 10TH MAY

FAMILY PRIZE BINGO

1PM-3PM

PRIZES

£5 PER PERSON
(6 GAMES)
ALL AGES WELCOME



THURSDAY 30TH MAY

MONTHLY CAR PARK

Market

SPRING FAIR

10.00 AM - 2.00 PM



Events held at Helping Hands Centre,
Edlington Lane, Edlington, DN12 1PL
To book call 01709 863268 or call in to reception.

